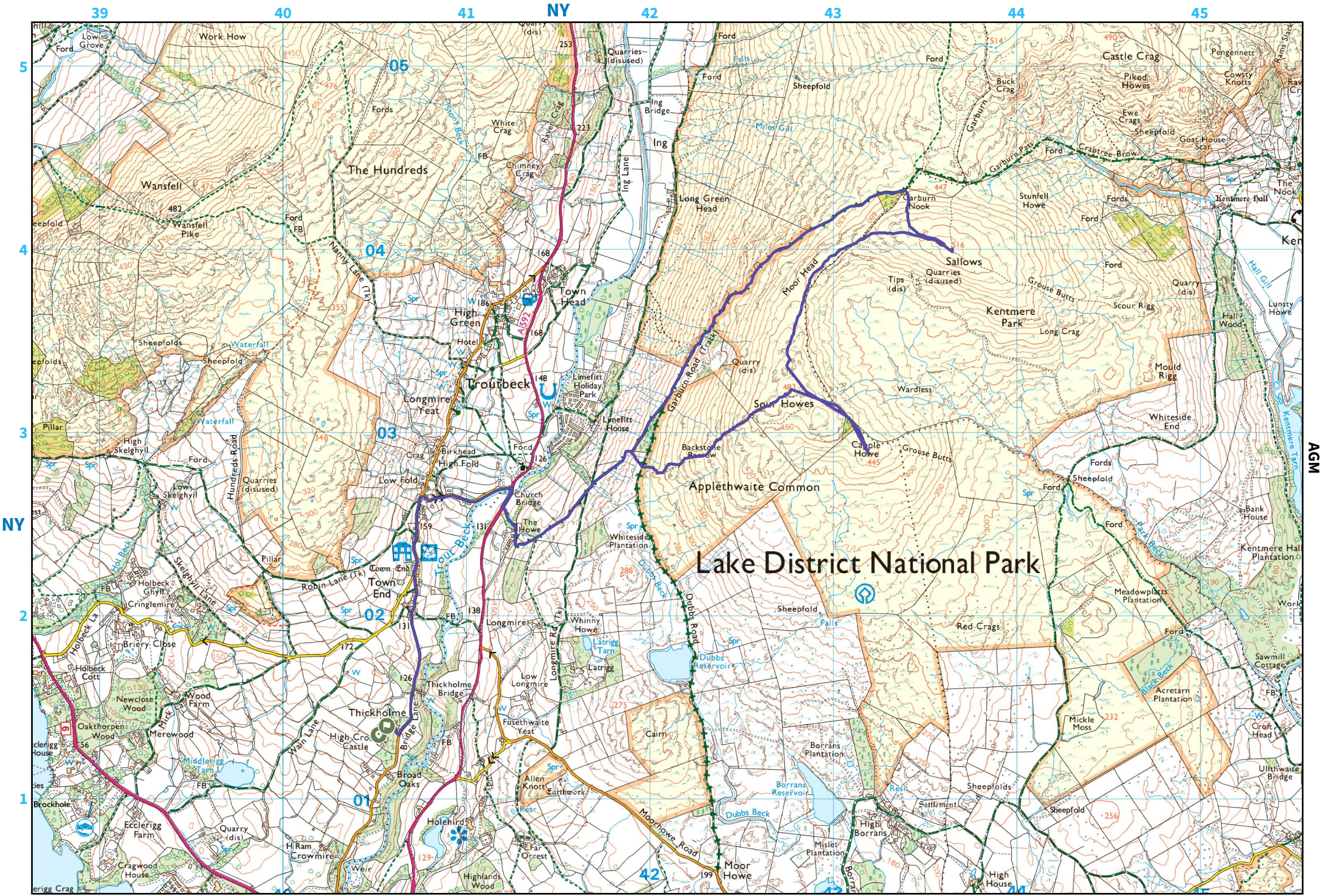




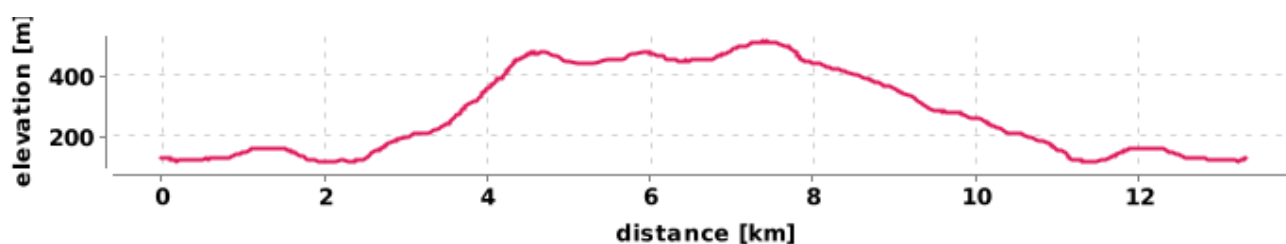
Route Information

agm

Route Summary

Total Distance	13.34 km (8.29 mi)
Elevation	116 m at lowest point
	514 m at highest point
Total Ascent	593 m

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	NY 405 013	0 km	54° 24' 14" N	2° 55' 3" W	132 m
2	NY 405 013	13.34 km	54° 24' 16" N	2° 55' 1" W	129 m

Distance from previous: **13.34 km**, Ascent from previous: **613 m**, Descent from previous: **616 m**